



Name _____

Date _____

Sciatica Bothersomeness Index

	Not Bothersome		Somewhat Bothersome				Extremely Bothersome
	0	1	2	3	4	5	6
Leg Pain							
Numbness or tingling in the foot or groin							
Weakness in the leg or foot							
Back or leg pain while sitting							

SBI Total

Sciatica Frequency Index

	Not at all	Very rarely	A few times	About half the time	Usually	Almost always	Always
Leg Pain							
Numbness or tingling in the foot or groin							
Weakness in the leg or foot							
Back or leg pain while sitting							

SFI Total